

CHICKEN KORMA

CHICKEN KORMA Ingredients	
Water	
Coconut Milk	
Chicken,	
Onions,	
Cream	
Curry Powder	
Ginger	
Garlic	
Chicken Stock	
Canderal	
Black Pepper	
Coriander	
Salt	
Water, Coconut Milk , Chicken, , Onions, Cream(MILK), Curry Powder(Sugar, Curry Powder (16%), (Coriander, Cumin, Turmeric, Paprika, Cassia, Garlic, Onion, Mustard Seed), Palm Oil, Rice, Flour, Tomato Powder, Glucose, Flavourings, Salt, Flavour Enhancers: Monosodium Glutamate, Disodium Inosinate, Disodium Guanylate, Modified Potato Starch, Stabilisers:Xanthan Gum, Guar Gum, Spices, Milk Protein, Acid: Citric Acid, CELERY), Ginger, Garlic, Chicken Stock(Salt, Palm Oil, Flavour Enhancers: Monosodium Glutamate, Disodium Inosinate, Disodium Guanylate, Flavourings, Potato Starch, Yeast Extract, Dehydrated Chicken, Dehydrated Vegetables (onion, garlic), Colour: plain caramel, herb and spice extract, herbs), Canderal (Maltodextrin,Flavouring, Sweetners:Aspartame(1.4%) Acesulfame-k(0.95%) Phenylalanine), Black Pepper, Coriander, Salt.	
Recipe Method	

Nutrition Information		
Typical Values		per 100g
Energy kJ		429
Energy KCal		103
Fat		6.99g
Of which Saturated Fat		4.38g
Carbohydrates		5.27g
Of which Sugar		1.28g
Fibre		1.43g
Protein		5.44g
Salt		0.13g

Allergen Details	
Fish Present	
Celery Present	
Mustard Present	
Milk Present	