

VEGETABLE SOUP

INGREDIENTS

Water

Potato

Turnip

Onion

Carrot

CELERY

Vegetable Stock

Garlic

Black Pepper.

Water; potato; onions; carrot; **CELERY**; Vegetable Stock (Salt, Palm Oil, Flavour enhancers: Monosodium Glutimate, Disodium Inosinate, Disodium Guanylate, Flavourings, Potato Starch, Yeast Extract, Dehydrated Vegetables (onion, garlic), Colour: plain caramel, herb and spice extract, herbs), Garlic, Black Pepper.

Nutrition.

Typical Values. Per 100g.

Energy kJ	74
Energy K Cal	18
Fat	0.05g
Of which Saturated Fat	0.01g
Carbohydrates	3.82g
Of which Sugar	0.36g
Fibre	0.85g
Protein	0.72g
Salt	0.092g